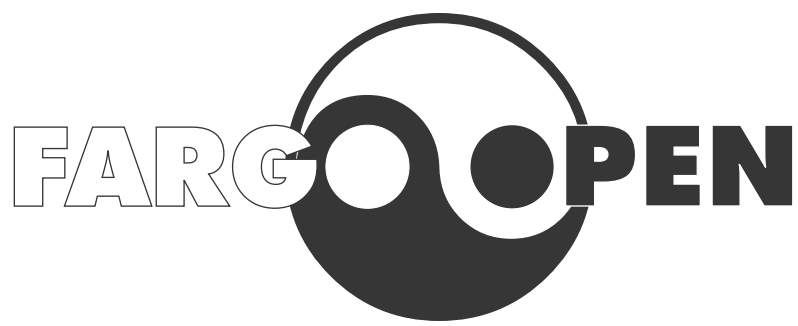


**TaeKwonDo • Submission Grappling  
Forms • Weapons • Breaking**

**OCTOBER 22, 2011  
FARGO NORTH HIGH  
801 17th Ave. N**

**registration \$45 • information, rules & registration @ [www.fargoopenchampionships.com](http://www.fargoopenchampionships.com)  
email [fargoopen@ko-online.com](mailto:fargoopen@ko-online.com) or call 701-261-5637**



Dear Masters, Instructors, and Students:

I am happy to invite you to the **16th Annual Fargo Open Martial Arts Championships on Saturday Oct. 22nd at Fargo North High School**. This will be a scheduled tournament with pre-registration only by mail. There will be a Black Belt meeting at 10:00am to cover rules and ring assignments. All Black Belts please expect to help out with refereeing and judging to speed up the day.

The entry fee will be \$45 including breaking. Add \$15 for late registration  
Spectators will be charged \$3.00 for adults, \$2.00 for kids ages 8-18, and there will be no charge for children under 7.

**Sparring, TaeKwonDo:**

Adults will be 2, 2 minute rounds, no stop. Junior Sparring, 11 years old & younger no head contact, 2, 1 1/2 minute rounds. 2 points for kicking to the head, 1 point for a punch or kick to the body Head gear, chest protection, gloves or forearm pads, shin and instep pads, and a mouth guard are required to compete. Male competitors must wear a groin cup. Elbow pads are strongly recommended. Some pads will be provided, but please bring your own if you have them. More rules available at [www.fargoopenchampionships.com](http://www.fargoopenchampionships.com)  
If there is enough interest we will have a seniors division and a 3rd Dan and up division. To insure a friendly tournament, all divisions will be subject to malicious contact rules. We want solid contact but not technique that is out of control and purposely dangerous.

**Submission Grappling:**

Adults will have one 5 minute round, with a three minute overtime if no submission is achieved. No points will be scored in the **first** round. Points will only be scored in the 3 minute overtime round. Judges will determine the winner if no submission is achieved. No striking is allowed. Both competitors will begin from a standing position on a regulation wrestling mat. A submission is achieved when one competitor verbally or physically (taps) indicates he or she is unable to continue. No striking, fingers on the face, fishhooking, pinching or small joint manipulation is allowed. There will be a Gi and a No Gi division as well as an open weight division in both categories. More rules available at [www.fargoopenchampionships.com](http://www.fargoopenchampionships.com)

**Forms:**

All patterns will be judged 2 competitors at a time.

**Weapons:**

There will be weapons divisions for both juniors and adults.

**Breaking:**

Breaking divisions and information will be available online.

Pre-registration by mail by Oct. 18th is a must. For the complete schedule either log-on to [www.fargoopenchampionships.com](http://www.fargoopenchampionships.com) or call 218-287-7672

Show-up 1/2 hour before your scheduled event please.

We reserve the right to combine/split division

**Schedule of Events for the Fargo Open 2011  
Fargo North High School**

**8:00am to 10:00am - late registration**

10:00 to 10:30 – officials and referees meeting

**Forms, Sparring Weapons & Breaking**

10:30am to 12:00pm – competition begins

Boys & Girls 4-5 White, Orange, Yellow

Boys & Girls 6,7,8 White, Orange, Yellow

Boys & Girls 4-5 Green, Blue, Purple

Boys & Girls 6,7,8 Green, Blue, Purple

Boys & Girls 4-5 Purple trim, Brown, Red, Black

Boys & Girls 6,7,8 Purple trim, Brown, Red, Black

**12pm to 2:00pm**

**Grappling**

**Forms, Sparring Weapons & Breaking**

Boys & Girls 9,10,11 White, Orange, Yellow

Boys & Girls 9,10,11 White, Orange, Yellow

Boys & Girls 9,10,11 Green, Blue, Purple

Boys & Girls 9,10,11 Green, Blue, Purple

Boys & Girls 9,10,11 Purple trim, Brown, Red, Black

Boys & Girls 9,10,11 Purple trim, Brown, Red, Black

**2:00pm to 3:30pm**

**Forms, Sparring Weapons & Breaking**

Boys 12,13,14 White, Orange, Yellow

Girls 12,13,14 White, Orange, Yellow

Boys 12,13,14 Green, Blue, Purple

Girls 12,13,14 Green, Blue, Purple

Boys 12,13,14 Purple trim, Brown, Red, Black

Girls 12,13,14 Purple trim, Brown, Red, Black

**3:30pm to 5:00pm**

**Forms, Sparring Weapons & Breaking**

Boys 15,16,17 White, Orange, Yellow

Girls 15,16,17 White, Orange, Yellow

Boys 15,16,17 Green, Blue, Purple

Girls 15,16,17 Green, Blue, Purple

Boys 15,16,17 Purple trim, Brown, Red, Black

Girls 15,16,17 Purple trim, Brown, Red, Black

Men 18 and up White, Orange, Yellow

Women 18 and up White, Orange, Yellow

Men 18 and up Green, Blue, Purple

Women 18 and up Green, Blue, Purple

Men 18 and up Purple trim, Brown, Red

Women 18 and up Purple trim, Brown, Red

Men 18 and up Black

Women 18 and up Black

AGE GROUPING: 6, 7, 8 years old NO HEAD CONTACT ALLOWED

White/Yellow/Orange (Light, Middle, Heavy if required) (boys & girls if required)

Green/Blue/Purple (Light, Middle, Heavy if required) (boys & girls if required)

Purple trim/Brown/Red/ (Light, Middle, Heavy if required) (boys & girls if required)

Black (Light, Middle, Heavy if required) (boys & girls if required)

AGE GROUPING: 9, 10, 11 years old NO HEAD CONTACT ALLOWED

White/Yellow/Orange (Light, Middle, Heavy if required) (boys & girls if required)

Green/Blue/Purple (Light, Middle, Heavy if required) (boys & girls if required)

Purple trim/Brown/Red/ (Light, Middle, Heavy if required) (boys & girls if required)

Black (Light, Middle, Heavy if required) (boys & girls if required)

AGE GROUPING: 12, 13, 14 years old HEAD CONTACT ALLOWED

White/Yellow/Orange (Light, Middle, Heavy if required) (boys & girls if required)

Green/Blue/Purple (Light, Middle, Heavy if required) (boys & girls if required)

Purple trim/Brown/Red/ (Light, Middle, Heavy if required) (boys & girls if required)

Black (Light, Middle, Heavy if required) (boys & girls if required)

AGE GROUPING: 15, 16, 17 years old HEAD CONTACT ALLOWED

White/Yellow/Orange (Light, Middle, Heavy if required) (boys & girls if required)

Green/Blue/Purple (Light, Middle, Heavy if required) (boys & girls if required)

Purple trim/Brown/Red/ (Light, Middle, Heavy if required) (boys & girls if required)

Black (Light, Middle, Heavy if required) (boys & girls if required)

AGE GROUPING: 18 to 32 years ADULT KNOCK-OUT RULES APPLY

White/Yellow/Orange (Light, Middle, Heavy if required) (boys & girls if required)

Green/Blue/Purple (Light, Middle, Heavy if required) (boys & girls if required)

Purple trim/Brown/Red/ (Light, Middle, Heavy if required) (boys & girls if required)

Black (Light, Middle, Heavy if required) (boys & girls if required)

Executive divisions if required

NOTE: 15, 16, 17 year old black belt divisions will fight Adult contact rules.

EQUIPMENT RULES:

Clean uniform

Shin and Insteps required (international competitors excluded)

Hogu to either wrap around to protect the back or spine protector.

Forearm guards or gloves (gloves not required)

This tournament series is an OPEN series. This means open to all TKD or Other Martial art schools who will abide by our rules and regulations.

Pattern divisions are scored 2 at a time and scored on a scale from 5 to 10 using decimals.

**Fargo Open Martial Arts Championships  
Saturday Oct.22nd Fargo North High School**

Competitor's Information:

Last \_\_\_\_\_ First \_\_\_\_\_ Age \_\_\_\_\_  
TKD School & State \_\_\_\_\_ Rank \_\_\_\_\_ Weight \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone Number (\_\_\_\_)-\_\_\_\_-\_\_\_\_\_

In consideration of being accepted as a competitor, I, the undersigned, agree to abide rules and regulation of the tournament. I, the undersigned, further, do hereby, for myself, my heirs, executors, administrators, and assigns waive, release, and forever discharge and all rights and claims for damages which I may have or which here in after accrue to me against All American TaeKwonDo/ Red River Traditional Tae Kwon Do including its officers, employees, instructors, building owners, or assigns etc. for any and all damages which may be sustained and suffered by me in connection with this tournament.

I, the UNDERSIGNED, further agree to waive any claims against Red River Traditional Tae Kwon Do/All American TaeKwonDo, including any of the officers of the tournament. I fully understand that "Martial Arts" is a contact sport, and I am responsible for my own medical coverage.

I the undersigned have read and agree with all the provisions above.

Participant's signature \_\_\_\_\_ Date \_\_\_\_\_

Parent or guardian (if under 18) \_\_\_\_\_

**Entry Fee:** \$45 including breaking. \$10 late registration after the 10th  
Spectators will be charged \$3.00 for adults, \$2.00 for ages 8-18, and there will be no charge for children under 7.

Fill out the registration form and send it along with a payment to:

RRTKD  
1335 Main Ave  
Fargo, ND

Entries must be received before Wed. Oct.18th Go to [www.fargoopenchampionships.com](http://www.fargoopenchampionships.com) for times and rules.

**Circle the events you will be competing in**

**Tae Kwon Do**

Forms                      Sparring                      Breaking                      Weapons  
\_\_\_\_\_

**Submission Grappling**

Please list your years of experience/training ( do include wrestling ) \_\_\_\_\_

Your weight \_\_\_\_\_

Gi                      No-Gi                      Absolute (no weight) GiNo-Gi